

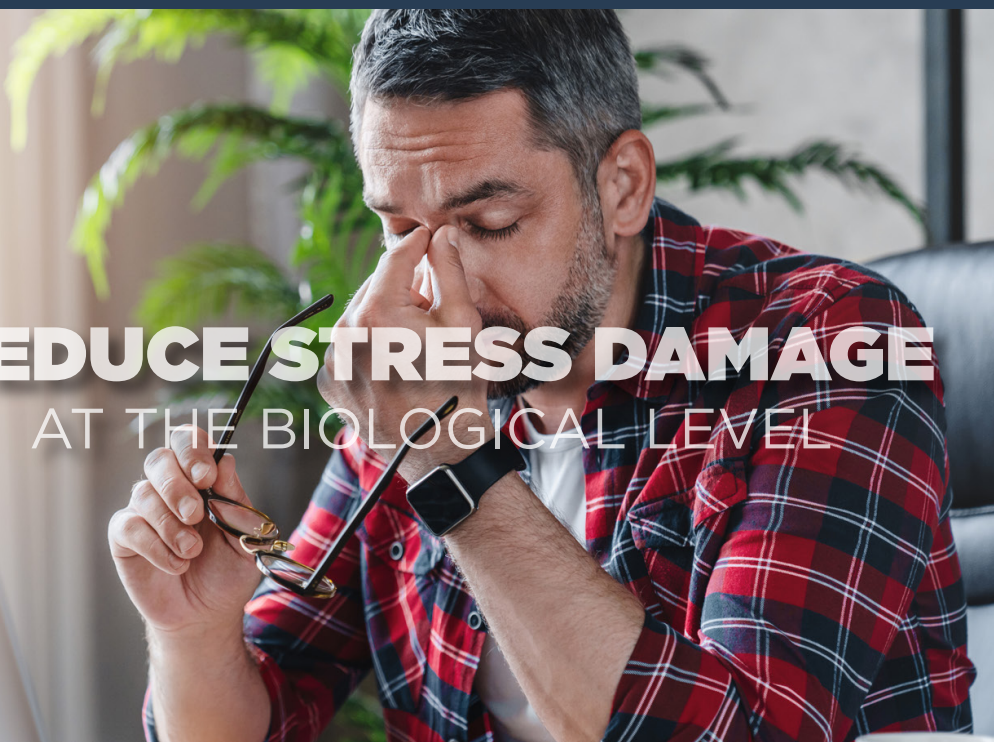


Orchid Wellness

PRODUCT **INFORMATION** SHEET



REDUCE STRESS DAMAGE AT THE BIOLOGICAL LEVEL



Supplement Facts

Serving Size: 2 Capsules

Amount Per Serving	
Ashwagandha extract (root) (standardized to 1.5% withanolides)	250 mg
Chinese Skullcap Root Extract (standardized to 30% flavonoids)	250 mg
Eleuthero Root Extract (standardized to 0.8% eleutherosides)	200 mg
Rhodiola Rosea Extract (standardized to 3% rosavins)	200 mg
L-Theanine	100 mg
Phosphatidylserine (from Sunflower)	100 mg

HEALTH CONSEQUENCES OF CHRONIC STRESS:

- Anxiety
- Depression
- Sleep Disorders
- Obesity
- Diabetes
- Osteoporosis
- GI Issues
- Sexual Dysfunction
- Cardiovascular Disease

HARMONIZING THE BODY'S STRESS & ENERGY RESPONSES

A specialized blend of adaptogens, herbs, and amino acids to help regulate the body's stress response and promote cortisol balance. Reduce damage from stress at a biological level and shield the body from its biological damage.

Ashwagandha adaptogen which can re-balance neurotransmitters and reduce cortisol. Studies have shown positive effects on stress assessment scales. Works by activating receptors for the calming neurotransmitter GABA. Potent mood regulator – helps to restore a sense of calmness under stress. Has been shown to improve resilience to emotional and physical stress, supporting immune system response, and regulating sleep.

L-Theanine naturally occurring amino acid found in green tea that promotes relaxation by reducing stress and anxiety levels. Helpful for quieting the mind when you begin to feel overwhelmed and your mind begins to race.

Phosphatidylserine has been found to reduce stress-induced excretion of cortisol. Can reduce the cortisol response to overtraining in athletes.

Eleuthero Root & Rhodiola Rosea adaptogens which can increase resistance to a variety of stressors. Used to support the nervous system, mood regulation, mental clarity, and the sleep cycle. Studies have shown improvements in mental performance, mood stability, and sleep patterns

Chinese Skullcap Root contains antioxidants appear to downregulate the effects of oxidative stress on various tissues in the body including the liver. It also supports the body in having a healthy inflammatory response and promotes normal cellular growth.



MADE IN THE USA

Learn more. Visit us at: myorchidwellness.com
or call **469.892.0194** for more information

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.