

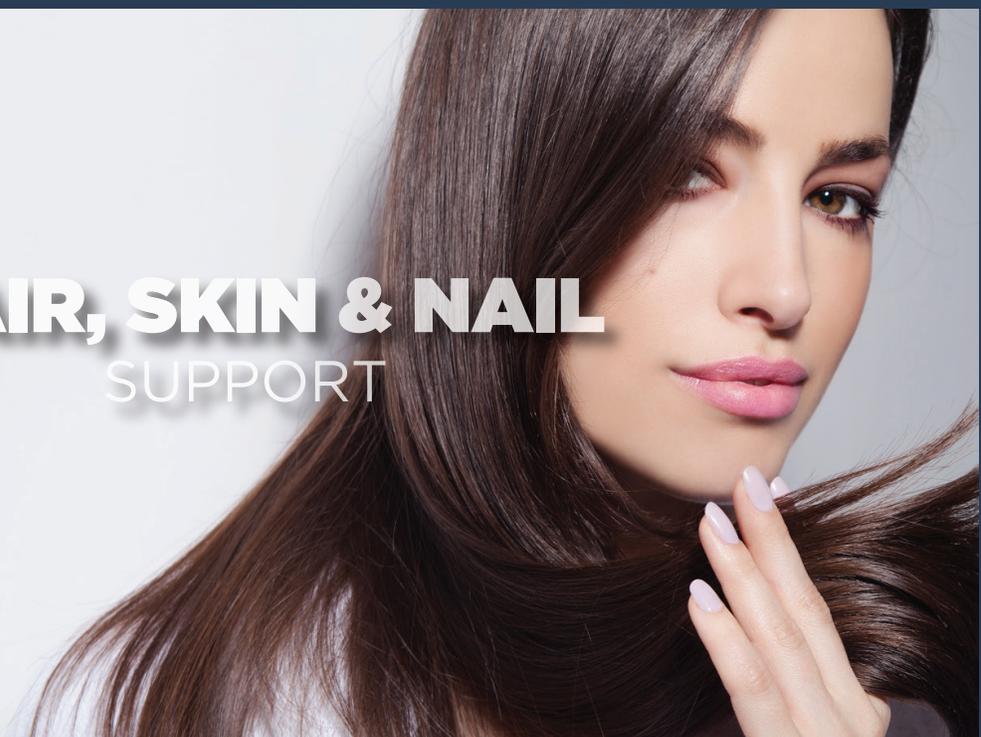


Orchid Wellness

# PRODUCT INFORMATION SHEET



## HAIR, SKIN & NAIL SUPPORT



Each 2 Capsules Contains:

### KEY INGREDIENTS

<b>Biotin (Vitamin B7)</b>	<b>10,000 mcg</b>	<b>33333%</b>
<b>Thiamine (Vitamin B1)</b>	<b>10 mg</b>	<b>833%</b>
<b>Collagen</b>	<b>80 mg</b>	†
<b>Horsetail Herb</b>	<b>40 mg</b>	†
<b>Vitamin A (Beta Carotene)</b>	<b>3000 mcg</b>	<b>333%</b>
<b>Vitamin E</b>	<b>68 mg</b>	<b>453%</b>

With Vitamin C, Vitamin D3, Vitamin K, Choline, Niacin, Vitamin B6, Pantothenic Acid, Iron, Magnesium, Zinc, Selenium, & Copper.

† Daily value not established

**SUGGESTED USE:** As a dietary supplement, take two capsules daily or as directed by a physician.

**Biotin (Vitamin B7):** Your body uses biotin to produce keratin – the type of protein that makes up hair skin and nails. Biotin’s impact on keratin production can contribute to stronger hair shafts, reduced thinning hair, and restored hair texture. Studies have shown significant improvement after receiving biotin, in patients with an underlying pathology for poor hair or nail growth. Biotin deficiency can result in dry skin, brittle nails, and hair loss. Those taking antibiotics, diabetics, and smokers have been shown to have low levels of Biotin.

**Thiamine (Vitamin B1):** Improves blood flow and delivery of nutrients to the cells. Thiamine acts as an antioxidant with protective effects on hair, skin, and nails

**Collagen:** A protein that is present in various forms throughout the body, especially in hair, skin, and nails. Collagen helps keep your skin plump, firm, and thick- slowing the development of wrinkles and other indications of aging.

**Horsetail Herb (Silica):** Horsetail has been highly valued by practitioners of traditional medicine. Horsetail has been shown to help with hair growth, nail health, and skin health/wound healing. Horsetail is beneficial for skin because of its high silica content. Silica is a combination of silicon and oxygen that promotes collagen production in your body.

**Vitamin A:** Contains retinoids, compounds which are well known for playing an important role in minimizing the appearance of fine lines and wrinkles by boosting collagen production and stimulating the creation of new blood vessels. Vitamin A also improves sebum oil production, enhancing the quality and texture of your hair while hydrating your scalp.



**MADE IN THE USA**

Learn more. Visit us at: [myorchidwellness.com](http://myorchidwellness.com)  
or call **469.892.0194** for more information

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.